



**Exquisite
Indian Restaurant and
Take-Away Cuisine
Fully Licensed and
Fully Air Conditioned**

**Delivery Service
Tel: 028 9146 3271
Tel/Fax: 028 9147 4103**

**108 Abbey Street
Bangor BT20 4JB**

Starter Specialities

All served with side salad and sauce

- 1A. **Deep Fried Mushrooms** £2.95
Deep fried in butter
- 1B. **Garlic Breaded Mushrooms** £2.95
Deep fried in breadcrumbs
- 1C. **Onion Bhaji**..... £2.95
Spicy onion bales in gramflour - deep fried
2. **Vegetable Pakora**..... £2.80
Chopped and Slightly spiced onions. cauliflower and potatoes deep fried in vegetable oil
3. **Chicken Pakora**..... £3.30
Deep fried in butter
4. **Chicken Chat Puree** £3.50
Chicken Tikka diced into cubes. Cooked in fresh herbs and spices with a sprinkling of chat mossalla served on light pancake bread
5. **Meat/Chicken or Vegetable Samosa** £2.80
Spicy meat and pea enveloped in a light pastry deep fried
6. **Prawn Puri** £3.50
Curried prawns on a light pancake bread
7. **King Prawn Puri** £3.95
King Prawn on a light pancake bread
8. **Chicken or Lamb Tikka Puree** £3.50
Chicken Tikka on a light pancake bread
9. **The Bengal Mix** £3.95
Comes with chicken pakora, samosa, onion bhaji, vegetable pakora and garlic fried chips all deep fried in oil
10. **Shame Kebab** £3.50
Spicy mince fried in butter and topped with light egg

Tandoori Starter Specialities

All Tandoori dishes are marinated in yogurt. Bengal own mixed garam mossalla and Bengal mixed spices. Fresh coriander, ginger, garlic and mustard oil. This delicately flavoured Tandoori dish is then barbecued in a clay oven (Tandoori)

All served with side salad and sauce

11. **Chicken or Lamb Tikka (Off the Bone)** £3.50
12. **Tandoori Chicken (On the Bone)** £3.50
13. **Bengal Special** £3.50
Sliced Chicken and Lamb Tikka Mix
14. **Tandoori Mix** £3.95
Chicken and Lamb Tikka, Sheek Kabab and Tandoori Chicken
15. **Sheek Kebab** £3.50
Spicy mince with delicate fresh herbs
16. **Mix Kebab** £3.50
Onions Bhaji, Pakora, Samosa and Sheek Kebab
17. **King Prawn Butterfly** £3.95
Deep Fried with Breadcrumbs

Sizziling Tandoori Specialities

All Tandoori dishes are marinated in fresh yogurt. Bengal own mixed garam mossalla and mixed spices. Fresh coriander, ginger, garlic and mustard oil. The delicate flavour of the Tandoori dishes is imparted through the clay oven in which each item is barbecued by our Tandoori specialist chef. All Tandoori dishes served with Side Salad and Vegetable Sauce.

Includes Nan or Rice

18. **Chicken or Lamb Tikka (Off the Bone)** £7.50

19. **Tandoori Chicken (On the Bone)** £7.95
20. **Jumbo Tandoori King Prawn** £10.00
21. **Tandoori Mixed Grill** £9.95
A selection of Tandoori Chicken, Lamb Tikka, Chicken Tikka and Sheek Kebab

Sizziling Tandoori Shaslick Specialities

Shaslick is the preparation of Lamb, Chicken and King Prawns marinated in yogurt and our own mixed extra special spices, then barbecued in a Tandoori clay oven with onions, green peppers, mushrooms and tomato. The Shaslick is served on a sizzling hot plate and served with side salad or vegetable sauce.

Includes Nan or Rice

- 22A. **Bengal Extra Special Shaslick (Tantalisingly Tasty)** £8.95
- 22B. **Chicken Tikka Shaslick** £8.50
23. **Lamb Tikka Shaslick** £8.95
24. **Jumbo King Prawn Shaslick** £11.00
25. **Mixed Shaslick** £12.25
Variety of Jumbo Tandoori King Prawns, Lamb Tikka and Chicken Tikka

House Specials

Cooked in Marinated Chicken, Meat, King Prawn, Spiced with special recipe and barbecued in a very tasty red Sauce.

Includes Nan or Rice

26. **Chicken or Lamb Tikka Masala** £7.50
27. **Garlic Chicken or Lamb Tikka Master** £7.95
28. **Chicken or Lamb Tikka Chilli Master (Fairly Hot)** £7.95
29. **Garlic Chicken or Lamb Tikka Chilli Master (Fairly Hot)** £8.50
This is a highly recommended dish
30. **Garlic King Prawn Master**..... £8.95
31. **Tandoori King Prawn Masala** £9.95
32. **Shahi Chicken or Lamb Korma**..... £7.75
With Home Made yogurt
33. **Chicken or Lamb Tikka Panjabi Masala** £7.95
- 33a. **Vegetable Masala** £5.95

Chefs Specialities

These dishes are highly recommended by our chef just a little 'Special'

Includes Nan or Rice

34. **Butter Chicken Tikka** £8.25
Tandoori Chicken filled, cooked delicately, spiced with butter and creamy sauce and topped with sliced banana (mild)
35. **Bengal Chicken or Lamb Tikka Methi** £8.25
This dish is prepared in a medium spice with sliced fried onions and green peppers with a delicate selection of fresh Indian herbs.
36. **Chicken or Lamb Tikka Mushroom Dopiazza** £8.25
Dopiazza dishes are prepared in a medium spicy sauce with chopped fried onions, green peppers (Medium)
37. **Chicken or Lamb Tikka Mushroom Dopiazza** £8.25
Extra Special, fairly sweet (Exquisite Taste)
38. **Chicken or Lamb Tikka Kori** £8.25
Specially cooked with chopped fried onions, green peppers and tomatoes on a thick sauce and smothered in lemon juice (Medium)
39. **Chicken or Lamb Tikka Sag Kori** £8.25
With fresh Spinach (Medium delicious taste)

40. **Chicken Lamb Tikka Khazana** £8.25
Selection of sliced Chicken Tikka, Lamb Tikka and Tandoori King Prawn cooked with fried chopped onions, green peppers and fresh green chill coriander with Indian spice
41. **Chicken Darjeeling** £8.25
Cooked with fresh fried Chicken Breast, Chopped Green Peppers, Onions, Potatoes and Bengal own Spices, thick Sauce
42. **Bengal Kufra Special** £8.25
Cooked with mince balls, chicken breast, chopped green peppers, onions, potatoes and Bengal own spices, thick sauce
43. **Hot Bengal Jall** £8.25
Cooked with fresh fried chicken, sliced onion, green peppers, green chillis topped with fresh coriander
44. **Chicken Jafion** £8.50
Cooked with fresh fried sliced Chicken, strip onions, green peppers, almonds, coconut powder and sugar with fresh cream, very mild
45. **Chicken or Lamb Tikka Makhani** £8.50
These dishes are prepared with almond, coconut, sugar, fresh cream and juices of pineapple. giving this dish a distinct taste

Nan or Rice Included

NEW Bengal own Special Dishes "TRY ME"

These dishes are very new in N.Ireland. They are very delicious dishes with Bengal and Indian mixed extra special spices

46. **Chicken Vough (Medium Curry)** £8.50
Cooked with 4 Fried fillets of chicken and potatoes
47. **Daaka Lamb** *A blend of delicate spices* £8.50
48. **Chicken Jaypar** *A tantalizing taste* £8.50
49. **Dall Gost** *Lentil based with Lamb or Chicken* £8.50
50. **Kufta Curry** *6 Minced balls, curry* £8.50

Extra Specialities

Includes Nan or Rice

51. **Chicken or Lamb Malaya** £7.95
Cooked with cubed pineapples, fruity
52. **Chicken or Lamb or Beef Bombay** £7.95
Cooked with potatoes and sliced egg
53. **Chicken or Lamb Aloo** £7.95
With Potatoes
54. **Chicken or Lamb Chana Aloo** £7.95
Chick Peas and Potatoes

Balti Specialities

Our Balti Specialities are prepared with a blend of special authentic herbs and spices highly flavoured, gives this dish a unique delicate delicious taste

Includes Nan or Rice

55. **Chicken or Lamb Tikka Balti** £7.50
- 56A. **Chicken Balti** £6.95
- 56B. **Lamb or Beef Balti** £7.25
57. **Prawn Balti** £6.75
58. **Jumbo King Prawn Balti** £9.95

59. **Mixed Balti Extra Special** £8.95
Lamb Tikka, Chicken Tikka and King Prawn
60. **Vegetable Balti** £6.75



Kashmir Specialities

With Indian fruit in a spicy, thick, medium curry sauce

Includes Nan or Rice

61. **Chicken or Lamb Tikka Kashmir** £7.25
- 62A. **Chicken Kashmir** £6.25
- 62B. **Lamb or Beef Kashmir** £6.50
63. **Jumbo King Prawn Kashmir** £8.95
64. **Prawn Kashmir** £6.50
65. **Vegetable Kashmir** £5.95
- 65a. **Chicken/Lamb Tikka Kashmir Extra Special** *(very mild)*... £7.95

Curry Specialities

Cooked in mixed Bangladesh and Indian spices in medium curry

Includes Nan or Rice

66. **Chicken or Lamb Tikka Curry** £7.25
- 67A. **Chicken Curry** £6.25
- 67B. **Lamb or Beef Curry** £6.50
68. **Jumbo King Prawn Curry** £8.95
69. **Prawn Curry** £6.50
70. **Vegetable Curry** £5.75

Bhuna Specialities

Cooked in secret spices from India with tomato, onion, fresh coriander, thick sauce.

Includes Nan or Rice

71. **Chicken or Lamb Tikka Bhuna** £7.25
- 72A. **Chicken Bhuna** £6.25
- 72B. **Lamb or Beef Bhuna** £6.50
73. **Jumbo King Prawn Bhuna** £8.95
74. **Prawn Bhuna** £6.50
75. **Vegetable Bhuna** £5.75

Dopiazza Specialities

Dopiazza dishes are prepared in a medium spicy thick sauce with chopped fried onions, green peppers with a delicate selection of fresh herbs and spices

Includes Nan or Rice

76. **Chicken or Lamb Tikka Dopiazza** £7.25
- 77A. **Chicken Dopiazza** £6.25
- 77B. **Lamb or Beef Dopiazza** £6.50
78. **Jumbo King Prawn Dopiazza** £8.95
79. **Prawn Dopiazza** £6.50
80. **Vegetable Dopiazza** £5.75

Rogan Specialities

Topped with plenty of fresh garnished tomatoes, green peppers and onions

Includes Nan or Rice

81. **Chicken or Lamb Tikka Rogan** £7.25
- 82A. **Chicken Rogan** £6.25
- 82B. **Lamb or Beef Rogan** £6.50
83. **Jumbo King Prawn Rogan** £8.95
84. **Prawn Rogan** £6.50
85. **Vegetable Rogan** £5.75
86. **Chicken or Lamb Tikka Rogan** *(Extra Special)* £7.95
A sweet and creamy top

Jallprazee Curry Specialities

Jallprazee dishes are prepared in a spicy sauce with strips of fried green peppers, onion, fresh green chillis and garlic ginger, this is a distinct taste, served in a cast iron.

87. **Chicken or Lamb Tikka Jallprazee** £7.95
- 88A. **Chicken Jallprazee** £7.50
- 88B. **Lamb or Beef Jallprazee** £7.95
89. **Jumbo King Prawn Jallprazee** £9.50
90. **Prawn Jallprazee** £6.95
91. **Vegetable Jallprazee** £6.50
92. **Chicken or Lamb Tikka Jallprazee** *(Extra Special)*..... £8.50

These dishes are prepared in secret spices with chopped fried onions, green peppers, fresh green chillis, coriander and mushrooms.

Methi Specialities

With plenty of Garlic and Indian Herbs.

Includes Nan or Rice

93. **Chicken or Lamb Tikka Methi** £7.25
- 94A. **Chicken Methi** £6.25
- 94B. **Lamb or Beef Methi** £6.50
95. **Jumbo King Prawn** £8.95
96. **Prawn Methi** £6.50
97. **Vegetable Methi** £5.75

Sag (Spinach) Specialities

Cooked with Spinach in a spicy medium sauce

Includes Nan or Rice

98. **Chicken or Lamb Tikka Sag** £7.50
- 99A. **Chicken Sag** £7.25
- 99B. **Lamb or Beef Sag** £7.50
100. **Jumbo King Prawn Sag** £8.95
101. **Prawn Sag** £6.95

102. Vegetable Sag	£5.75
103. Chicken/Lamb Sag Paneer (with home made cheese)	£7.95

Madras Specialities

Hot dish cooked with a selection of herbs and spices.

Includes Nan or Rice

104. Chicken or Lamb Tikka Madras	£7.25
105A. Chicken Madras	£6.25
105B. Lamb or Beef Madras	£6.50
106. Jumbo King Prawn Madras	£8.95
107. Prawn Madras	£6.50
108. Vegetable Madras	£5.75

Vindaloo Specialities

This is a very hot, cooked with potatoes and smothered in a thick rich sauce.

Includes Nan or Rice

109. Chicken or Lamb Tikka Vindaloo	£7.25
110A. Chicken Vindaloo	£6.25
110B. Lamb or Beef Vindaloo	£6.50
111. Jumbo King Prawn Vindaloo	£8.95
112. Prawn Vindaloo	£6.50
113. Vegetable Vindaloo	£5.75

Patia Specialities

Sweet and Sour, Fairly hot dish cooked extensively with onions and selected spices and herbs

Includes Nan or Rice

114. Chicken or Lamb Tikka Patia	£7.25
115A. Chicken Patia	£6.25
115B. Lamb or Beef Patia	£6.50
116. Jumbo King Prawn Patia	£8.95
117. Prawn Patia	£6.50
118. Vegetable Patia	£5.75

Dansak Specialities

Combination of spices and lentils and garlic giving this dish a sweet sour, fairly hot distinct taste.

Includes Nan or Rice

119. Chicken or Lamb Tikka Dansak	£7.25
120A. Chicken Dansak	£6.25
120B. Lamb or Beef Dansak	£6.50
121. Jumbo King Prawn Dansak	£8.95
122. Prawn Dansak	£6.50
123. Vegetable Dansak	£5.75

Korma Specialities

Very mild dish cooked in cream, almond and coconut powder.

Tends to be slightly sweet

Includes Nan or Rice.

124. Chicken or Lamb Tikka Korma	£7.25
125A. Chicken Korma	£6.25
125B. Lamb or Beef Korma	£6.50
126. Jumbo King Prawn Korma	£8.95
127. Prawn Korma	£6.50
128. Chicken Paneer Korma (with home-made cheese)	£6.50
129. Vegetable Korma	£5.75

Passanda Specialities

Very mild dishes with ground almond, aromatic herb, spices, pure ghee and red wine.

Includes Nan or Rice

130. Chicken or Lamb Tikka Passanda	£7.25
131A. Chicken Passanda	£6.25
131B. Lamb or Beef Passanda	£6.50
132. Jumbo King Prawn Passanda	£8.95
133. Prawn Passanda	£6.50
134. Vegetable Passanda	£5.75

Phall Specialities

This dish is very, very hot and cooked with special herbs

Includes Nan or Rice

135. Chicken or Lamb Tikka Phall	£7.25
136A. Chicken Phall	£6.25
136B. Lamb or Beef Phall	£6.50
137. Jumbo King Prawn Phall	£8.95
138. Prawn Phall	£6.50
139. Vegetable Phall	£5.75

Biryani Specialities

Biryani dishes are prepared with special flavoured Basmati rice, very lightly spiced with mixture, fresh herbs and sultanas, served with vegetable sauce and side salad.

140. Bengal own Special Biryani	£8.95
<i>This dish is cooked with sliced chicken, lamb Tikka, king prawn and Bengal secret own ghee, herbs, mixed with special rice, topped with a fried egg</i>	
141. Chicken or Lamb Tikka Biryani	£8.25
142. Chicken or Lamb or Beef Biryani	£7.50
143. Jumbo King Prawn Biryani	£8.95
144. Prawn Biryani	£6.95
145. Persian Chicken Biryani	£7.95
<i>Fruity with topping of light omelette</i>	
146. Mixed Vegetable Biryani	£5.95
147. Mushroom Biryani	£5.95

Vegetable Side Dishes

Mixed Vegetable Curry	£2.95
Aloo Peas (Peas and Potatoes)	£2.95
Bombay Potatoes	£2.95
Sag Bhaji (Spinach Curry)	£2.95
Sag Aloo (Spinach with Potatoes)	£2.95
Sag Paneer (Home-made cheese with spinach)	£2.95
Mushroom Bhaji (Stir fried)	£2.95
Cauliflower Bhaji (Stir fried)	£2.95
Brinjal Bhaji (Aubergine Curry)	£2.95
Aloo Gobi (Curried Potatoes with Cauliflower)	£2.95
Chana Bhaji (Chick Peas Curry)	£2.95
Bindi Bhaji (Okra Curry)	£2.95
Marsala Dal (Thick lentil Curry)	£2.95
Tarka Dall (Lentils with strong flavour of Garlic)	£2.95

Sundries Rice Specialties

All rice Basmati Rice

Bengal Special Rice	£3.00
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Pilau or Boiled Rice	£1.75
Chicken Special Rice	£2.50
Keema Special Rice (Mince Rice)	£2.50
Mushroom Special Rice	£2.50
Mixed Vegetable Rice	£2.50
Fried Rice	£2.50
Egg Fred Rice	£2.50

Tandoori Bread and Sundries Specialities

Plain Nan	£1.85
Garlic Nan	£1.95
Garlic Nan with Cheese	£2.20
Cheese Nan	£1.95
Peshwari Nan (Stuffed with Coconut, Almonds and Sultanas)	£2.20
Keema Nan (with Spicy Mince)	£2.20
Chilli or Coriander or Onion Nan	£2.00
Plain Parata (Bread fried in Butter)	£2.00
Chapati	£1.20
Chilli or Mint Sauces	£0.50
Plain or Spicy Papadum (2)	£1.00
Mixed Pickle	£0.95
Lime Pickle	£0.95
Mango Pickle	£0.95
Bengal own mixed Green Salad	£1.50
Mixed Raita Special (Home Made yogurt)	£1.50
Chips	£1.95
Garlic Fried Chips	£2.30

English Specialities

All are served with Chips, Salad and Sauce

Sirloin Steak	£7.95
6 Chicken Nuggets	£4.95
Chicken & Mushroom Omelette	£5.95
Scampi	£5.95

Kebabs

All Kebabs are served with Nan Bread or Chips

Chicken or Lamb Tikka King Kebab	£4.95
Mixed King Kebab (Lamb Tikka and Chicken Tikka)	£5.50
Bengal King Kebab	£4.95
<i>(Sliced Onions, Green Peppers and Chicken Tikka)</i>	
Shiraji King Kebab (Spicy Mince Roll)	£4.95
Chicken Pakora Kebab (Spicy Mince Roll)	£4.95

Best Quality & Choice

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www.starofbengalbangor.co.uk

Revised 9 January 2010